

# October

SPA DAY

2026

| Sunday                                                               | Monday                                                                                             | Tuesday                                                                                                    | Wednesday                                                                            | Thursday                                                                                    | Friday                                                                                     | Saturday                                                                                               |
|----------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| Monthly-Tenant Council<br>1st Thursday of the Month.                 |                                                                                                    |                                                                                                            |                                                                                      | 1<br>SPA DAY<br>11:00 Chair WORKOUT<br>1:00-TENANT COUNCIL<br>2:00 BINGO<br>5:00- DEVOTIONS | 2<br>11:00 CHAIR EXERCISE<br>2:30 BINGO WITH THE METHODIST LADIES<br>5:00- DEVOTIONS       | 3<br>11:00 CHAIR EXERCISE<br>6:30 MOVIE-IRENA'S VOW(NETFLIX)                                           |
| 4<br>11:00 Senior Soles<br>1:30- BINGO                               | 5<br>SPA DAY<br>11:00 CHAIR EXERCISE<br>2:00-PIE IN THE FACE<br>6:30 MOVIE- DIRTY DANCING (PRIME)  | 6<br>10:00 SENIOR FEST<br>10:30 PASTOR BONNIE<br>11:00 BIBLE STUDY<br>3:00- GOLDENAIRES<br>5:00- DEVOTIONS | 7                                                                                    | 8<br>SPA DAY<br>11:00 Chair WORKOUT<br>2:30 PIE IN THE DINNING ROOM<br>5:00- DEVOTIONS      | 9<br>11:00 CHAIR EXERCISE<br>2:00 HAPPY HOUR<br>5:00- DEVOTIONS                            | 10<br>11:00 CHAIR EXERCISE<br>6:30 MOVIE- THE WHISPER MAN (NETFLIX)                                    |
| 11<br>11:00 Senior Soles<br>1:30- BINGO                              | 12<br>SPA DAY<br>11:00 CHAIR EXERCISE<br>2:00-BALLOON VOLLEYBALL<br>6:30 MOVIE- MOANA (PRIME)      | 13<br>10:00 Father Clements<br>11:00 BIBLE STUDY<br>3:00- CRAFT<br>5:00- DEVOTION                          | 14<br>11:00 Chair WORKOUT<br>11:30-OUTING - THE BAKE SHOP AND CAFE<br>5:00-DEVOTIONS | 15<br>SPA DAY<br>11:00 Chair WORKOUT<br>2:00 BINGO<br>5:00- DEVOTIONS                       | 16<br>11:00 CHAIR EXERCISE<br>2:00 HAPPY HOUR<br>5:00- DEVOTIONS                           | 17<br>11:00 CHAIR EXERCISE<br>6:30 MOVIE- THE SECRET WOMAN(NETFLIX)                                    |
| 18 LOUANN SCHABEN'S BIRTHDAY<br>11:00 Senior Soles<br>1:30- BINGO    | 19<br>SPA DAY<br>11:00 Chair EXERCISE<br>2:00 DAN MCELWAIN<br>6:30 -MOVIE- THE WIZARD OF OZ(PRIME) | 20<br>10:30 PASTOR PHIL<br>11:00 BIBLE STUDY<br>2:00 CRAFTS<br>5:00 DEVOTIONS                              | 21<br>11:00 Chair WORKOUT<br>11:30-OUTING - SMITTY'S<br>5:00-DEVOTIONS               | 22<br>SPA DAY<br>11:00 CHAIR WORKOUT<br>2:00 DOMINICK SINGS<br>5:00- DEVOTIONS              | 23<br>11:00 CHAIR EXERCISE<br>2:00 Helen CHRISTENSEN and friends SINGIN<br>5:00- DEVOTIONS | 24<br>11:00 CHAIR EXERCISE<br>3:00-5:00 HALL-O-TREAT<br>6:30 MOVIE- WHATS EATING GILBERT GRAPE (PRIME) |
| 25 MARCY POWER'S BIRTHDAY<br>11:00 Senior Soles<br>3:30 FRIENDS BAND | 26<br>SPA DAY<br>11:00 CHAIR EXERCISE<br>2:00-CONNECT 4<br>6:30 MOVIE-HOCUS POCUS(PRIME)           | 27<br>10:00- CATHOLIC DAUGHTERS OF DEFIANCE ROSERY<br>11:00 BIBLE STUDY<br>2:00 CRAFTS<br>5:00-DEVOTIONS   | 28<br>11:00 Chair WORKOUT<br>11:30-OUTING - PIZZA HUT<br>5:00-DEVOTIONS              | 29<br>SPA DAY<br>11:00 Chair WORKOUT<br>2:00 BINGO<br>5:00- DEVOTIONS                       | 30<br>11:00 CHAIR EXERCISE<br>2:00 HAPPY HOUR/ HALLOWEEN PARTY<br>5:00- DEVOTIONS          | 31<br>11:00 CHAIR EXERCISE<br>6:30 MOVIE- POWDER (PRIME)                                               |